



SLC (University of Delhi)
SHYAM LAL COLLEGE

75
Azadi Ka
Amrit Mahotsav



Organized by
Women Development Centre, SLC
in collaboration with **Wello**

PRESENTS THE

SAY BYE TO STRESS WORKSHOP

Learn all about mental wellbeing and dealing with anxiety

Conducted by:



Anushka Modi

RCI Licensed Clinical Therapist

300+ Sessions Conducted

Time **4 PM**

Date **23rd Feb 2022**

Zoom

~~₹1200~~

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