

REPORT ON MOTIVATIONAL EXPERT SESSION BY SUCCESSFUL INNOVATOR AND ENTREPRENEUR

“COOKING UP SUCCESS: THE STORY OF BEING CHEF”

SPEAKER: MR. SHUBHAM MAHESHWARI

CONVENOR- DR. SAUBHAGYALAXMI SINGH

MODE: GOOGLE MEET

DATE: 15 NOVEMBER 2025

TIME: 03:00 P.M.– 4:30 P.M.

TOTAL PARTICIPANTS: 171



1. Objective

The primary objective of this motivational expert session was to enable students to understand the value of determination, creativity, and purpose-oriented thinking through the inspiring journey of Mr. Shubham Maheshwari, Founder & CEO of Being Chef. The session aimed to encourage students to look beyond conventional paths and explore their hidden potential by embracing innovation and problem-solving in everyday life. Another goal of the session was to highlight how challenges, when approached with persistence and clarity, can evolve into life-changing opportunities. Additionally, the event focused on nurturing leadership qualities, decision-making

skills, and confidence among students, which are essential for emerging entrepreneurs and future professionals. It also encouraged students to learn from real-world examples and develop a growth mindset that supports lifelong learning and meaningful contribution to society. Overall, the session intended to motivate students to dream boldly, act responsibly, and move forward with purpose and resilience.

2. Benefits of the Session

- Deep Personal Motivation:

Students gained an understanding of how real-life struggles and everyday observations can become the foundation of strong entrepreneurial ideas. Listening to Mr. Maheshwari's story helped them realize that success does not require perfection from day one—rather, it requires courage to begin and dedication to continue.

- Practical Life Lessons:

The emphasis on gratitude, optimism, time management, and smart work provided students with practical tools to handle academic and personal challenges. These skills are not only valuable in college but also essential in shaping one's professional identity.

- Career and Personality Development:

Students understood that college years are the best time to build personality, confidence, and communication skills. They were encouraged to participate in activities, take responsibilities, and use every opportunity to grow into well-rounded individuals.

- Vision for the Future:

The speaker's message encouraged students to prepare for long-term success instead of following temporary trends. The session helped them realize the importance of consistency, legacy-building, and inner clarity in achieving meaningful accomplishments in life.

3. INTRODUCTION

The session commenced with an auspicious beginning through the Saraswati Vandana, followed by the Delhi University Kulgeet, which set a positive and inspiring environment for all attendees. The presence of respected dignitaries, including Professor Rabi Narayan Kar (Principal), Professor Kusha Tiwari (IQAC Director), Dr. Saubhagyalaxmi Singh (IIC Convenor), and Dr. Bisla Devi (Faculty Coordinator), enriched the significance of the event. Faculty members from various departments and enthusiastic students joined collectively, contributing to a vibrant and energetic atmosphere. The anchor extended a warm and heartfelt welcome to all present, appreciating their presence and expressing gratitude for their involvement in making the event memorable. The introduction also highlighted the purpose of the session and the importance of hearing from young entrepreneurs who have set examples through their inspiring journeys. This created an engaging beginning that aligned well with the theme of motivation, innovation, and future readiness.

4. SPEAKER PROFILE:

MR. SHUBHAM MAHESHWARI

Mr. Shubham Maheshwari is a dynamic, young entrepreneur and a proud graduate of NIT Jaipur (Batch 2013), where he excelled in both academic and leadership roles, serving as the Vice President of the college and being recognized as an all-round achiever. He is known for his involvement in socially impactful initiatives, including the Anna Hazare-led movement in Rajasthan, showcasing his strong sense of responsibility and activism from a young age.

Professionally, he has earned prestigious recognitions such as the Change-Maker Award 2019, along with features on widely respected platforms like TEDx and Josh Talks, where he shared insightful perspectives on innovation and purpose. Today, he is celebrated as the Founder & CEO of Being Chef, a successful and rapidly growing food-tech startup transforming the cooking experience for thousands of people across India. His vision centers around simplifying daily life while promoting healthy and convenient food choices, making him an inspiring role model for aspiring entrepreneurs and youth leaders.

5. ABOUT BEING CHEF

Being Chef is a Bengaluru-based food-tech innovation that has revolutionized everyday cooking for individuals who lack time, resources, or culinary expertise. Built on the idea of “making cooking effortless even without a kitchen,” the startup provides DIY meal kits and healthy prepared meals that combine taste, convenience, and nutrition. The brand was created to support working individuals, students, and families who struggle to maintain balanced eating habits amidst demanding schedules.

Beyond cooking solutions, Being Chef promotes the idea of community, comfort, and emotional connection through food, ensuring that people experience both ease and joy in their everyday meals. Over the years, the company has garnered widespread appreciation for its unique model and has successfully served lakhs of meals across multiple cities. The essence of Being Chef lies in addressing real-life needs with empathy, innovation, and quality —making it an exemplary case of purposeful entrepreneurship in India.

6. SESSION OVERVIEW

The session delivered by Mr. Shubham Maheshwari was filled with powerful messages, heartfelt storytelling, and life-changing insights. He spoke extensively about the value of initiative, self-belief, and the importance of taking responsibility for one's dreams. The session highlighted how determination and vision can turn even the simplest ideas into impactful ventures.

- “Stop Complaining , Start Acting.”**

He emphasized that true progress begins when individuals shift from complaining to taking meaningful steps toward solutions. Using references to the spirit of Rang De Basanti, he reminded students that real change is driven by the courage to participate, question, and act. He encouraged everyone to reflect on their habits, break free from excuses, and build a mindset that actively takes on challenges instead of avoiding them.

- Build a Legacy That Outlives You**

He motivated students to live a life of purpose rather than just chasing temporary achievements. Sharing examples from his school eco-club activities to various college leadership roles, he explained how each experience, whether big or small, contributed to shaping his personality. His message stressed that students should invest in creating an identity and impact that remains valuable even years after their journey.

- Smart Work Over Stress & Pressure**

Mr. Maheshwari explained that stress often stems from lack of direction, not lack of ability. He urged students to adopt smarter approaches by planning effectively, staying organized, and focusing on progress rather than perfection. He highlighted that smart work amplifies results, frees up mental space, and leads to better academic and personal outcomes.

- **Gratitude, Optimism & Celebrating Small Wins**

He reinforced that gratitude and optimism serve as powerful tools for staying resilient. Celebrating small achievements builds confidence and helps individuals stay motivated even when the bigger goal seems far away. He compared life to a series of small steps where consistent positivity helps overcome uncertainties and attract better opportunities.

- **His Inspiring Journey: From Corporate Life to Being Chef**

He shared moving anecdotes from his life—such as organizing a rally at Amar Jawan Jyoti as a student, recognizing the struggles people face in finding time to cook, and taking a bold decision to leave a stable corporate job. These experiences shaped his vision for Being Chef and taught him that meaningful ideas often emerge from observing everyday problems. His journey demonstrated that courage, clarity, and commitment can turn challenges into stepping stones.

- **The Birth and Growth of Being Chef**

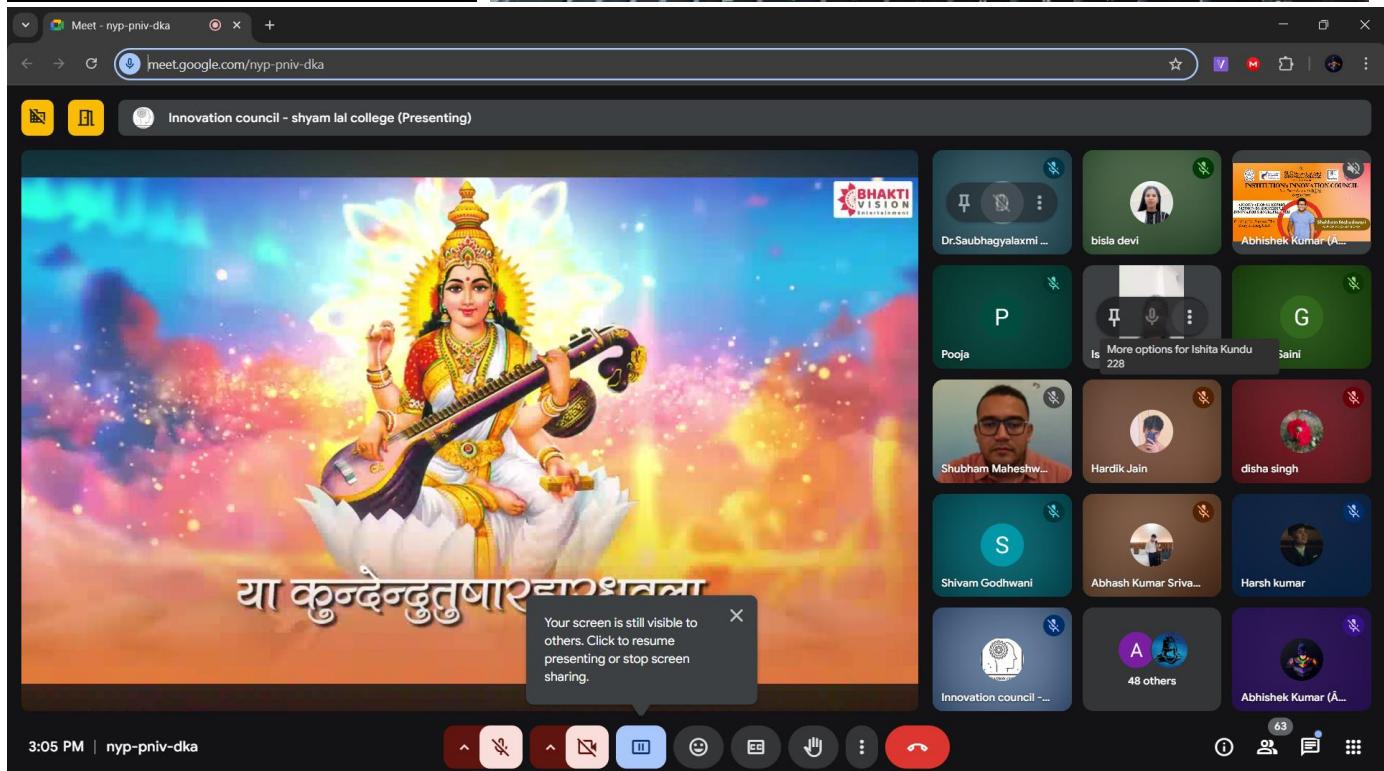
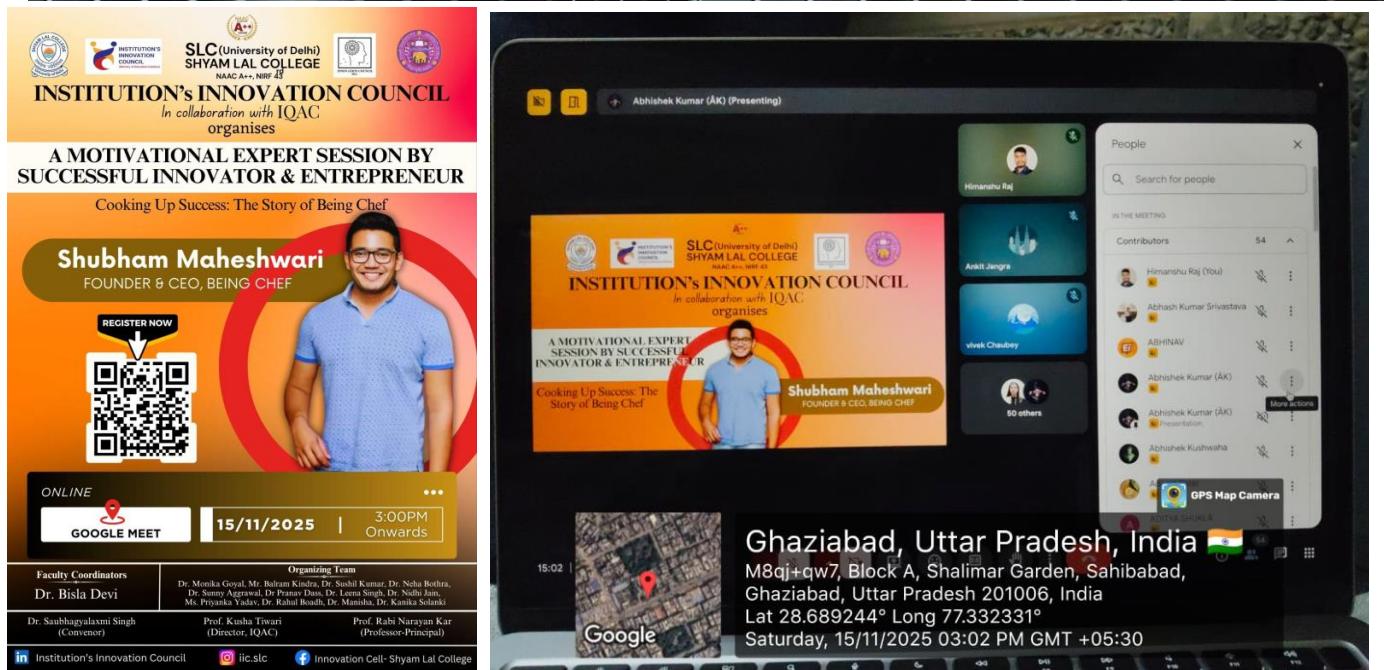
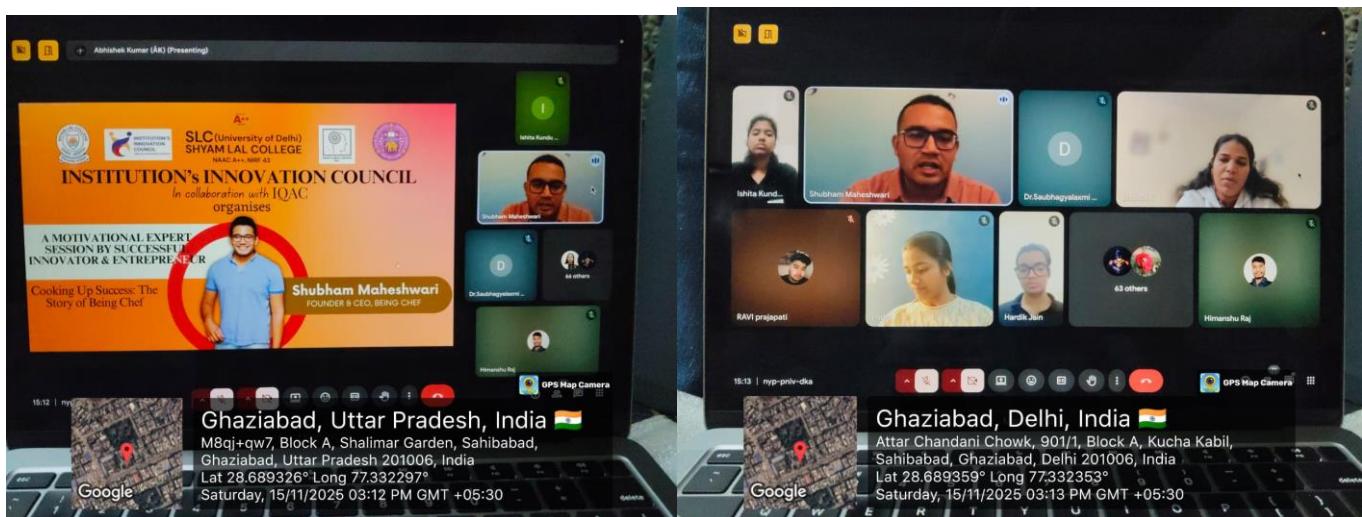
Being Chef emerged from his simple but powerful observation that modern lifestyles make healthy cooking difficult. His idea grew slowly yet consistently as he experimented, failed, learned, and improved his product and strategy. Over the years, the venture expanded into a trusted brand serving lakhs of customers. He reminded students that every great initiative begins small, but with consistent effort, it evolves into something transformational and deeply impactful.

7. Q&A SESSION

The Q&A allowed students to interact directly with the speaker, asking questions related to entrepreneurship, time management, risk-taking, overcoming fear, and deciding when to take unconventional career paths. Mr. Maheshwari provided thoughtful and practical answers, encouraging students to embrace clarity, self-reflection, and confidence. His responses highlighted that every journey is unique, and students must trust their instincts while remaining committed to personal growth.

8.CONCLUSION

The session concluded with motivating reflections on the significance of youth leadership, innovative thinking, and the power of taking action. Students were encouraged to believe in their dreams and work towards building meaningful contributions to society. The vote of thanks expressed gratitude to the speaker, dignitaries, faculty members, and all participants for making the event successful. The session ended respectfully with the National Anthem, followed by a feedback form circulated to gather insights for future programs



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11/13/2025 16:31:45	jainishika43 6@gmail.co m	Ishika	jainishika43 6@gmail.co m	--	3	Ba eco hons	Shyam Lal College(Univ ersity of Delhi)
11/13/2025 16:37:15	rhythmkann ojia@gmail. com	Rhythm Roshan Kannojia	Rhythmkann ojia@gmail. com	908451842 7	1	B com hons	Shyam Lal College(Univ ersity of Delhi)

11/13/2025 16:38:40	seema21169@gmail.com	Prof Seema Gupta	seema21169@gmail.com	9315473931	4	Professor	RKSD College Kaithal
11/13/2025 16:46:44	suhanisharma1670@gmail.com	Suhani sharma	Suhanisharma1670@gmail.com	9310495189	1	BA.English (H)	Shyam Lal College(University of Delhi)
11/13/2025 17:16:24	d604115@gmail.com	Dhru kumar	d604115@gmail.com	9996292240	2	Bsc maths honours	Shyam Lal College(University of Delhi)
11/13/2025 17:48:22	harshkc1309@gmail.com	Harsh Kumar Choudhary	harshkc1309@gmail.com	7562885069	1	BA English honours	Shyam Lal College(University of Delhi)
11/13/2025 18:03:27	gagansainid@gmail.com	Gagan saini	gagansainid@gmail.com	8802010505	1	B.com (H)	Shyam Lal College(University of Delhi)
11/13/2025 18:41:00	shivanshikas Singh9b@gmail.com	Shivanshika singh	Shivanshikas Singh9b@gmail.com	8920883734	1	Ba (hons) english	Shyam Lal College(University of Delhi)
11/13/2025 18:49:44	ankitraj85148@gmail.com	Ankit raj	ankitraj85148@gmail.com	9911942866	1	Bcom honours	Shyam Lal College(University of Delhi)
11/13/2025 19:14:34	tahirasong@gmail.com	Tahira bano	tahirasong@gmail.com	9103169381	1	Mcom	IP college
11/13/2025 19:33:02	lovishka9b192007@gmail.com	lovishka	lovishka9b192007@gmail.com	8810389043	1	b.com hons	Shyam Lal College(University of Delhi)
11/13/2025 19:59:00	astitva004ranjan@gmail.com	Astitva Ranjan	astitva004ranjan@gmail.com	9972871471	1	Ba hons English	Shyam Lal College(University of Delhi)
11/13/2025 22:04:55	sharmaaditya2678@gmail.com	Aditya Sharma	sharmaaditya2678@gmail.com	9939798758	2	Bsc(p) physcial science with electronics	Shyam Lal College(University of Delhi)
11/13/2025 22:20:43	vivekchaubey098@gmail.com	vivek chaubey	vivekchaubey098@gmail.com	8005338597	1	BA English hons	Shyam Lal College(University of Delhi)

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11/13/2025 23:35:00	sonalika.up aadhyay18 @gmail.co m	Sonalika Upadhyay	Sonalika.up aadhyay18 @gmail.com	931033768 2	4	B.com(hons)	Shyam Lal College(Univ ersity of Delhi)
11/14/2025 2:18:13	lokeshnand wani3@gma il.com	Lokesh nandwani	Lokeshnand wani3@gma il.com	989642303 3	1	Ba hons english	Shyam Lal College(Univ ersity of Delhi)
11/14/2025 7:34:43	manasagar wal3117@g mail.com	Manas Agarwal	manasagar wal3117@g mail.com	078382573 99	1	Bcom(hons.)	Shyam Lal College(Univ ersity of Delhi)
11/14/2025 12:05:50	sofiyasaifi7 862@gmail. com	Sofiya Saifi	sofiyasaifi7 862@gmail. com	971924460 0	1	Managemen t	Shaheed rajguru college of applied sciences for women
11/14/2025 12:43:50	aparnasingh al019@gmai l.com	Aparna Singhal	aparnasingh al019@gmai l.com	782722178 9	2	Bfia	Shaheed Rajguru collage of applied science for woman
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11/14/2025 14:34:31	gokulsiripar upu@gmail. com	Siripurupu Gokul	gokulsiripar upu@gmail. com	756954797 0	2	B.Sc(physic al science with computer science)	Shyam Lal College(Univ ersity of Delhi)
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11/14/2025 14:35:22	sanketkaus hal20@gmai l.com	Sanket Sharma	sanketkaus hal20@gmai l.com	931752899 4	3	BCOM(P)	Shyam Lal College(Univ ersity of Delhi)

11/14/2025 14:37:25	ankitjangra903.in@gmail.com	Ankit Kumar	ankitjangra903.in@gmail.com	9354937993	2	B.com	Shyam Lal College(University of Delhi)
11/14/2025 14:49:58	krishnayada v912098@gmail.com	Krishna Kumar yadav	Krishnayada v912098@gmail.com	9120984712	3	Bsc physical science with chemistry	Shyam Lal College(University of Delhi)
11/14/2025 16:51:20	ritadevidas1984@gmail.com	Tanya	ritadevidas1984@gmail.com	9667015230	2	bba fia	shaheed rajguru college of applied science for women
11/14/2025 16:52:32	khushiverma6399@gmail.com	Sakshi	khushiverma6399@gmail.com	7061949148	2	Statistics hons	Shaheed rajguru college of applied sciences for women
11/14/2025 17:31:31	ritikachauhanrc22@gmail.com	Ritika Chauhan	ritikachauhanrc22@gmail.com	8630240459	1	Biomedical Science	Shaheed Rajguru College of Applied Science for Women
11/14/2025 17:57:18	s.sindhujagupta@gmail.com	Sindhuja	S.SINDHUJAGUPTA@GMAIL.COM	9346312708	2	Bba fia	Shaheed rajguru college
11/14/2025 18:25:24	kanchantan dekar45@gmail.com	Kanchan Tandekar	kanchantan dekar45@gmail.com	7020124544	2	BBA FIA	Shaheed rajguru college of applied sciences for women
11/14/2025 19:45:04	kashishsharma4578@gmail.com	Kashesh	Kashishsharma4578@gmail.com	9205530010	1	B.com	Kirori Mal college
11/14/2025 19:45:13	manyaprabhakar07@gmail.com	Manya Prabhakar	manyaprabhakar07@gmail.com	9172973738	1	Bcom hons	Kmc
11/14/2025 19:45:36	purigarima349@gmail.com	Gsrima Puri	purigarima349@gmail.com	7009844763	1	Bcom	Kmc

11/14/2025 19:45:38	kripaa312@gmail.com	KRIPA	kripaa312@gmail.com	7889543712	1	bcom hnrs	kmc
11/14/2025 19:46:21	siddhisinghania2@gmail.com	Siddhi Singhania	siddhisinghania2@gmail.com	9811706810	1	BCom H	Kirori mal
11/14/2025 19:46:42	bhavnish.0801@gmail.com	Bhavnish	bhavnish.0801@gmail.com	7982579115	1	Bcom	Kirorimal
11/14/2025 19:49:22	aravindhrajkathiresan@gmail.com	Aravindhraj k	aravindhrajkathiresan@gmail.com	8300074038	1	B.com(hons)	Kirori Mal College
11/14/2025 19:49:28	yogitasinghbundela0@gmail.com	Yogita Singh	Yogitasinghbundela0@gmail.com	9340045252	1	B.com (P)	Kirori mal college
11/14/2025 19:51:02	harshlohia409@gmail.com	Harsh Lohia	Harshlohia409@gmail.com	65666787965	1	Bcom hons	Kmc
11/14/2025 19:59:50	rakhechahimani23@gmail.com	Himani Rakhecha	rakhechahimani23@gmail.com	9711551553	1	Bcom(P)	Kirori Mal College (University of Delhi)
11/14/2025 20:03:17	ujjwalawasthi9c@gmail.com	Ujjwal Awasthi	ujjwalawasthi666@gmail.com	7905798072	1	Bcom hons	Shyam Lal College(Univ ersity of Delhi)
11/14/2025 20:03:55	vasugupta42426363@gmail.com	VASU GUPTA	vasugupta42426363@gmail.com	9911055452	1	B.COM PROGRAM	Shyam Lal College(Univ ersity of Delhi)
11/14/2025 20:39:51	anushkasingh1657@gmail.com	Anushka	anushkasingh1657@gmail.com	7065398969	1	b.com (h)	Shyam Lal College(Univ ersity of Delhi)
11/14/2025 22:27:20	joshishristi856@gmail.com	Shristi Joshi	joshishristi856@gmail.com	7037730091	1	B.com honours	Shyam Lal College(Univ ersity of Delhi)
11/15/2025 8:35:00	cheshtapanchal25@gmail.com	Cheshta	cheshtapanchal25@gmail.com	8920358286	2	BFIA	Shaheed rajguru college of applied sciences for women

11/15/2025 11:58:52	gangwarma hi4@gmail.c om	Mahi Gangwar	gangwarma hi4@gmail.c om	995827605 6	4	BA hons economics	Shyam Lal College(Univ ersity of Delhi)
11/15/2025 12:20:37	mishradivya nsh283@g mail.com	Divyansh shekhar mishra	mishradivya nsh283@g mail.com	917030774 4	3	BcoM pro.	Shyam Lal College(Univ ersity of Delhi)
11/15/2025 12:27:32	singh.spars h1608@gm ail.com	Sparsh Singh	singh.spars h1608@gm ail.com	828732833 4	1	Ba Economics Honours	Shyam Lal College(Univ ersity of Delhi)
11/15/2025 12:30:57	i28056129 @gmail.co m	ABHINAV KUMAR SINGH	ask.abhinav 002@gmail. com	877096724 7	2	BCOM h9ns	Shyam Lal College(Univ ersity of Delhi)
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11/15/2025 15:03:21	kumar.ak65 56@gmail.c om	Lucky	luckykumar 565676@g mail.com	885127386 2	1	Ba program english + economics	Shyam Lal College(Univ ersity of Delhi)
11/15/2025 15:04:18	prajapatiravi 75824@gm ail.com	RAVI	Prajapatiravi 75824@gm ail.com	870063286 0	1	BA(ENGLIS H + ECONOMIC S)	Shyam Lal College(Univ ersity of Delhi)
11/15/2025 15:04:47	dsb171203 @gmail.co m	Dhananjay Singh Bhadoria	dsb171203 @gmail.com	959941538 0	4	Economics honours	Shyam Lal College(Univ ersity of Delhi)
11/15/2025 15:21:38	hasanabdull ahahmed21 3@gmail.co m	Hasan Abdullah	hasanabdull ahahmad21 3@gmail.co m	991132537 3	1	BA Prog Eco + English	Shyam Lal College(Univ ersity of Delhi)
11/15/2025 16:00:54	chandwanig unjan4@gm ail.com	Gunjan Chandwani	chandwanig unjan4@gm ail.com	080809958 20	1	Ba Program	Shyam Lal College(Univ ersity of Delhi)
11/15/2025 16:04:32	vansh777.ty agi@gmail.c om	Vansh Tyagi	vansh777.ty agi@gmail.c om	701178468 2	1	BA Program (Economics +Political Science)	Shyam Lal College(Univ ersity of Delhi)

11/15/2025 16:04:46	pradeepsing hh2005@g mail.com	Pradeep	pradeepsing hh2005@g mail.com	931514437 5	1	B.com(hons)	Shyam Lal College(Univ ersity of Delhi)
11/15/2025 16:05:51	sanketkaus hal20@gmai l.com	Sanket Sharma	sanketkaus hal20@gmai l.com	931752899 4	3	BCOM(P)	Shyam Lal College(Univ ersity of Delhi)
11/15/2025 16:06:33	r75952592 @gmail.co m	Prashan	r75952592 @gmail.com	860397159 3	1	Bcom program	Shyam Lal College(Univ ersity of Delhi)
11/15/2025 16:06:54	ujjwalawast hi9c@gmail. com	Ujjwal Awasthi	ujjwalawast hi666@gmai l.com	790579807 2	1	BCOM HONS	Shyam Lal College(Univ ersity of Delhi)
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11/15/2025 16:07:21	chaitanyalo hani175@g mail.com	Chaitanya Lohani	chaitanyalo hani945@g mail.com	828766648 6	3	B.Sc(Prog.) Physical Science with Chemistry	Shyam Lal College(Univ ersity of Delhi)
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11/15/2025 16:25:42	vivekchaube y098@gmail .com	vivek chaubey	vivekchaube y098@gmail .com	800533859 7	1	BA English hons	Shyam Lal College(Univ ersity of Delhi)
11/15/2025 16:29:49	akshaykum artaker@gm ail.com	Akshay kumar	akshaykum artaker@gm ail.com	825241765 5	1	Ba hons economics	Shyam Lal College(Univ ersity of Delhi)
11/15/2025 16:32:20	stanzinnorz om56@gma il.com	Stanzin Norzom	Stanzinnorz om56@gma il.com	788950281 9	1	B.A Programme Economic +	Shyam Lal College(Univ ersity of Delhi)

						Political science	
11/15/2025 16:34:39	priyanshi3401@gmail.com	Priyanshi Sharma	priyanshi3401@gmail.com	7891679677	3	B.A. Economics Hons.	Shyam Lal College(University of Delhi)
11/15/2025 16:34:57	niteshh0057@gmail.com	Nitesh kumar	niteshh0057@gmail.com	7217833672	1	Ba prog eng+eco	Shyam Lal College(University of Delhi)
11/15/2025 16:35:32	atharvthapliyal02@gmail.com	Atharv Thapliyal	atharvthapliyal02@gmail.com	9289517481	1	ba prog (eco+pol sci)	Shyam Lal College(University of Delhi)
11/15/2025 16:35:49	faizkhaan0738@gmail.com	Faij khan	faizkhaan0738@gmail.com	7982022481	1	B.a program (English and Economics)	Shyam Lal College(University of Delhi)
11/15/2025 16:35:50	adityashukla1122334455@gmail.com	Aditya Shukla	aditya786shuklaa@gmail.com	8840831991	1	BCom Program	Shyam Lal College(University of Delhi)
11/15/2025 16:36:24	bhavikasetia19@gmail.com	Bhavika Setia	bhavikasetia19@gmail.com	9289288063	3	B.A. (Hons.) Economics	Shyam Lal College(University of Delhi)
11/15/2025 16:37:03	ankitjangra903.in@gmail.com	Ankit Kumar	ankitjangra903.in@gmail.com	9354937993	2	B.com (p)	Shyam Lal College(University of Delhi)
11/15/2025 16:37:45	anshika250507@gmail.com	Anshika Gupta	anshika250507@gmail.com	6393331220	1	BA program (eco. + pol. Science)	Shyam Lal College(University of Delhi)
11/15/2025 16:38:34	vasugupta42426363@gmail.com	VASU GUPTA	vasugupta42426363@gmail.com	9911055452	1	B.COM PROGRAM	Shyam Lal College(University of Delhi)
11/15/2025 16:50:10	vanshitagupta11c44@gmail.com	Vanshita gupta	vanshitagupta11c44@gmail.com	798228364	3	Bs h economics	Shyam Lal College(University of Delhi)

11/15/2025 20:59:58	durgadevise tia@gmail.c om	Prabhal Partap Singh	ppshgr@gm ail.com	889905046 4	3	B.A.(Hons) Economics	Shyam Lal College(Univ ersity of Delhi)
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11/15/2025 23:03:12	sakyadav61 @gmail.co m	Sakshi Yadav	sakyadav61 @gmail.com	921437768 8	1	Bcom hons	Shyam Lal College(Univ ersity of Delhi)
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11/16/2025 11:11:26	ishimahesh 13@gmail.c om	Ishita Maheshwari	ishimahesh 13@gmail.c om	99533 22369	3	B.A. (Hons.) Economics	Shyam Lal College(Univ ersity of Delhi)
11/16/2025 11:15:35	yash.anand 124@gmail. com	Yash Anand	yash.anand 124@gmail. com	931084747 8	1	BA PROGRAM ME	Shyam Lal College(Univ ersity of Delhi)
11/16/2025 11:19:44	230745100 25.eco@shy amlal.du.ac. in	Kriti Goel	Kritigoel82 @gmail.com	730387965 8	3	BA(Honours) Economics	Shyam Lal College(Univ ersity of Delhi)
11/16/2025 11:46:15	vedantberi4 @gmail.co m	Vedant narain beri	vedantberi4 @gmail.com	938999247 2	1	Ba (eco+pol)	Shyam Lal College(Univ ersity of Delhi)

11/16/2025 11:58:16	vansh777.ty agi@gmail.c om	Vansh Tyagi	vansh777.ty agi@gmail.c om	701178468 2	1	BA Program (Economics +Political Science)	Shyam Lal College(Univ ersity of Delhi)
11/16/2025 12:18:25	namanjain7 222@gmail. com	Naman jain	Namanjain7 222@gmail. com	858804271 8	3	BA HONS. ECONOMIC S	Shyam Lal College(Univ ersity of Delhi)