

# **National Service Scheme Report**

**on**

## **“Awareness Drive against COVID-19(Omicron Cases)”**

National Service Scheme aims to instilling the idea of social welfare in students, and to provide service to society without bias. In this regard, The National Service Scheme unit of SLC (Shyam Lal College) organize an awareness drive regarding COVID-19 (Omicron Cases). More than 50 volunteers actively participate in this awareness drive to fight against COVID-19 (Omicron Cases). This drive starts from 31<sup>st</sup> December 2021 and ends on 5<sup>th</sup> January, 2022.

### **Day 1: 31<sup>st</sup> December, 2021**

#### **Omicron COVID Variant Symptoms**

Symptoms for the new COVID Variant “Omicron” are given below.

*Note: Symptoms are classified in most common symptoms, less common symptoms & serious symptoms.*

#### **Most common symptoms**

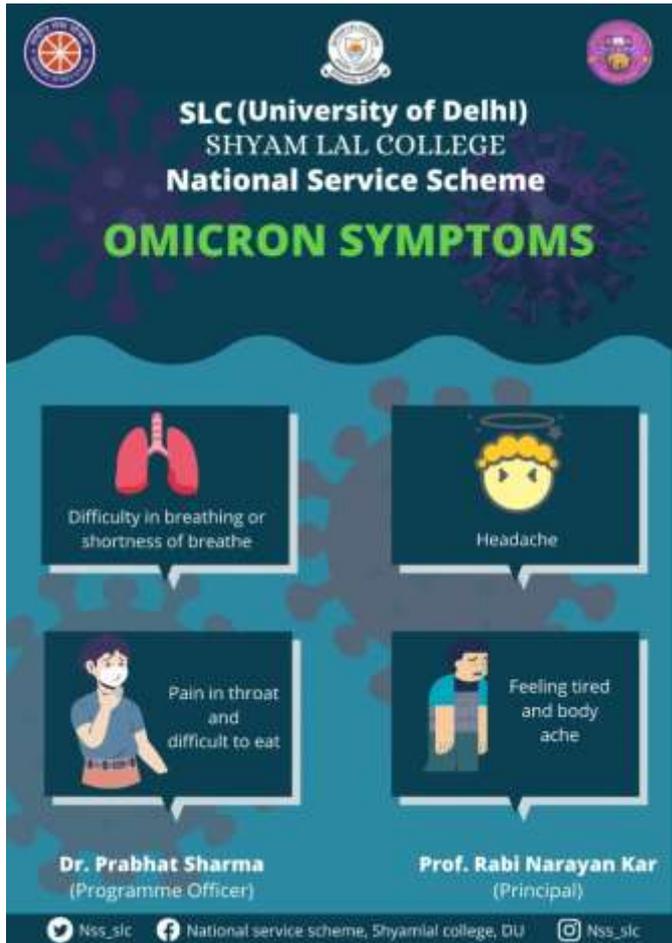
- Most common symptoms for the new COVID Variant “Omicron” are fever, cough, tiredness, loss of taste or smell.

#### **Less common symptoms**

- Less common symptoms for the new COVID Variant “Omicron” are sore throat, headache, aches, pains, diarrhoea, a rash on skin, discolouration of fingers or toes red or irritated eyes.

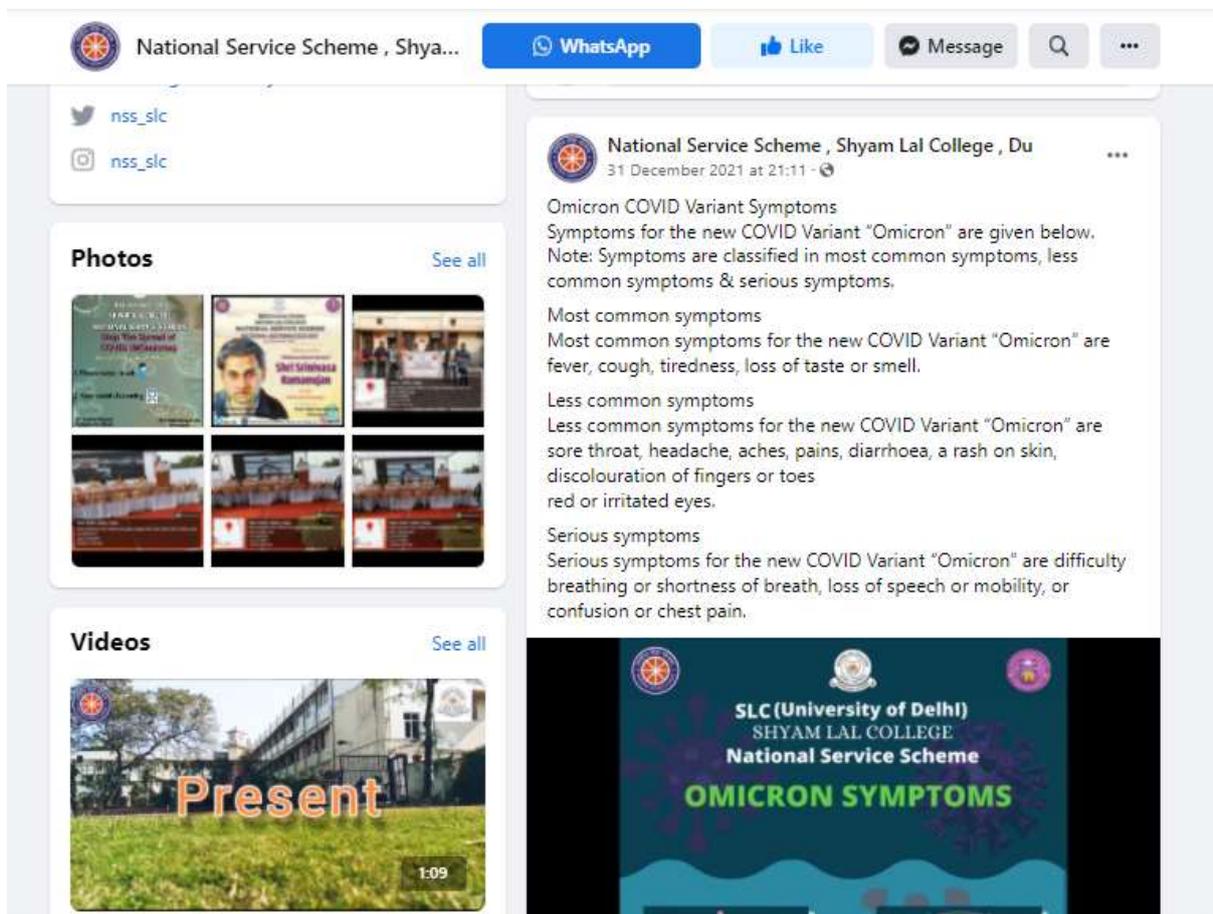
#### **Serious symptoms**

- Serious symptoms for the new COVID Variant “Omicron” are difficulty breathing or shortness of breath, loss of speech or mobility, or confusion or chest pain.



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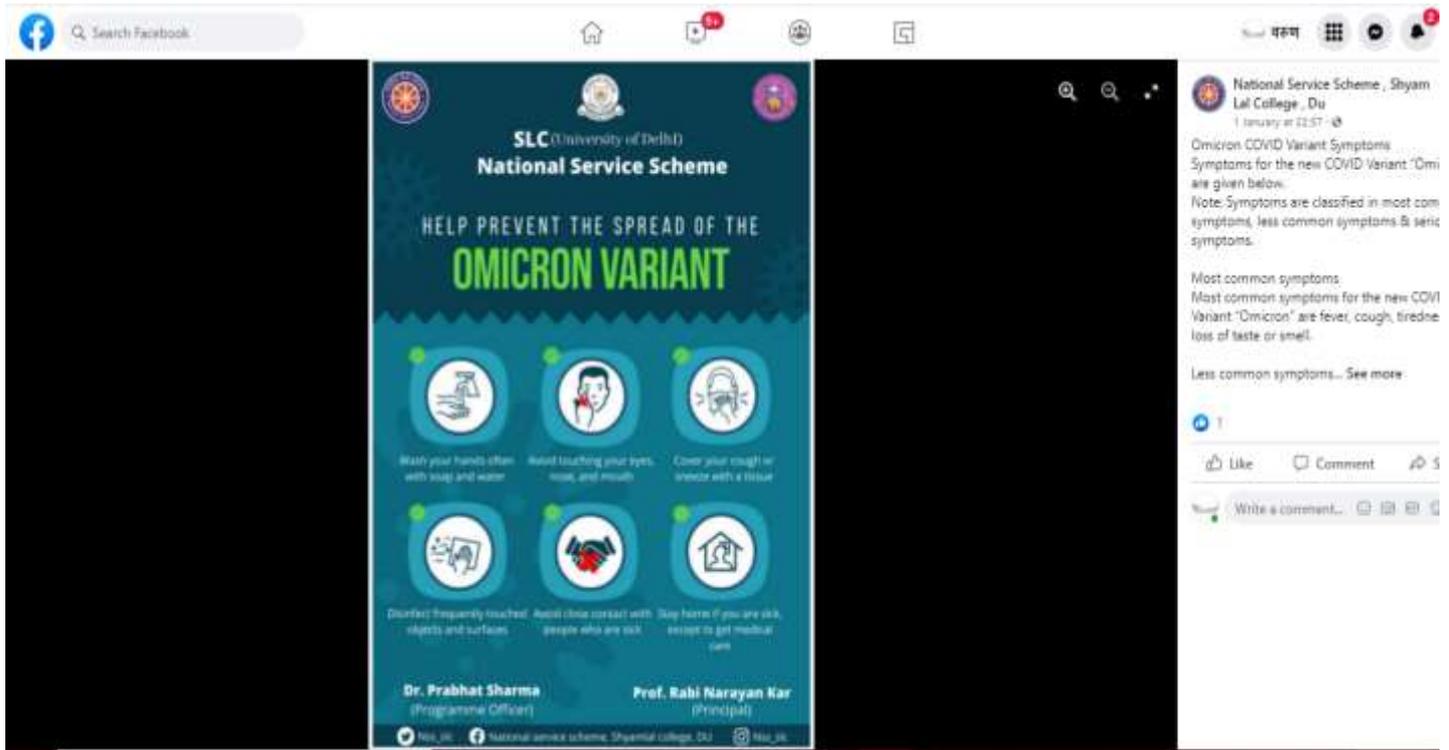
## Day 2: 1<sup>st</sup> January, 2021

### **Omicron COVID Variant Preventions**

Preventions for the new COVID Variant “Omicron” are given below.

- **Wash your hands often with soap and waer**
- **Avoid touching your eyes,noes and mouth**
- **Cover your cough or sneeze with a tissue**
- **Sanitiize your hands on regular basis**
- **Avoid close contact with people**
- **Maintaib social distance**
- **Get vaccinated**





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### Day 3: 2<sup>nd</sup> January, 2021

#### **Omicron COVID Variant Preventions: Use of Sanitizer**

“Keeping our hands clean using either soap and water or an alcohol-based hand rub is always a good idea, not only to reduce the chance of catching COVID-19 but also to reduce the chance of diarrheal illnesses, which are actually easier to catch in this manner.” Cleaning hands at key times with soap and water or hand sanitizer that contains at least 60% alcohol is one of the most important steps you can take to avoid getting sick and spreading germs to those around you.

**SLC (University of Delhi)**  
**Shyam Lal College**  
**NATIONAL SERVICE SCHEME**  
**SANITIZE YOUR HANDS**  
**STOP**  
**THE SPREAD OF OMICRON**  
 Protect yourself and others from getting sick

*30 seconds of using hand sanitizer kills a much bacteria as two full minutes of handwashing.*  
*Alcohol-based sanitizers can reduce about 97% of the bacteria on your hands.*

**HOW TO USE HAND SANITIZER**

- 1 put a few drops on the palm of your hand
- 2 rub your palm and hands
- 3 cover your hands completely until they dry

Dr. Prabhat Sharma (Programme Officer)      Prof. Rabi Narayan Kar (Principal)

nss\_slc      National Service Scheme, Shyam Lal College, Du      nss\_slc

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"Keeping our hands clean using either soap and water or an alcohol-based hand rub is always a good idea, not only to reduce the chance of catching COVID-19 but also to reduce the chance of diarrheal illnesses, which are actually easier to catch in this manner."

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## Day 4: 3<sup>rd</sup> January, 2021

### **Omicron COVID Variant Preventions: COVID-19 Vaccination**

The National Service Scheme Unit of Shyam Lal College invites in the Vaccination Camp in the Shyam Lal College:

Age group: 15 -18 years

Timing: 10:00 am - 4:00 pm

Venue: Shyam Lal College premises.

Note:-

Appointment can be booked on-site (walk in)

Bring your Aadhar card or 10th class certificate.



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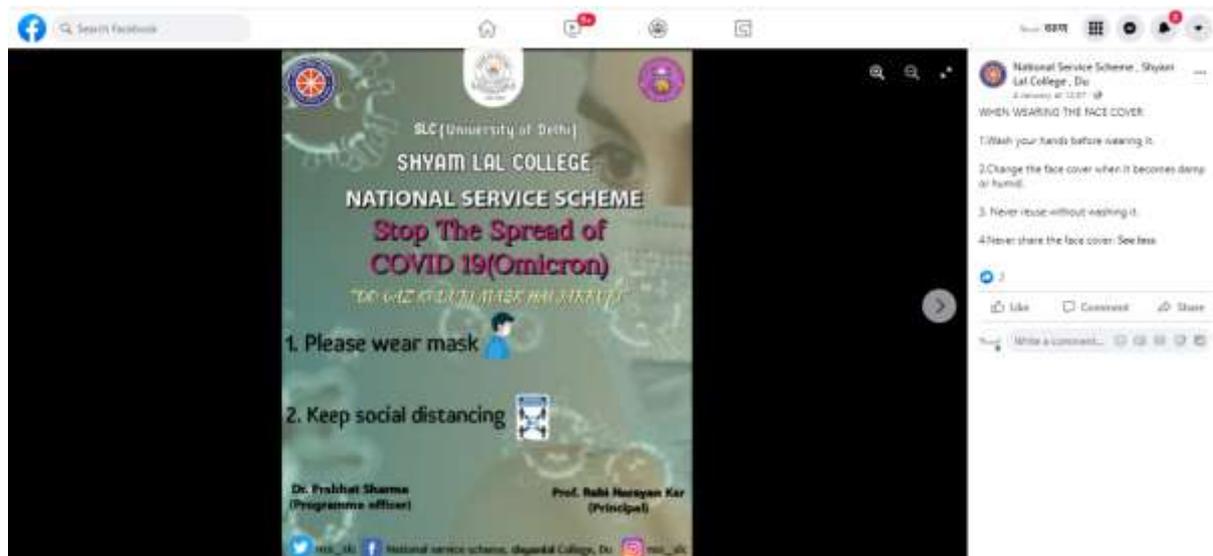
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## Day 5: 4<sup>th</sup> January, 2021

### **Omicron COVID Variant Preventions: “Do Gaz ki Duri, Mask Hain Zaruri”**

#### WHEN WEARING THE FACE COVER

1. Wash your hands before wearing it.
2. Change the face cover when it becomes damp or humid.
3. Never reuse without washing it.
4. Never share the face cover.



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## Day 6: 5<sup>th</sup> January, 2021

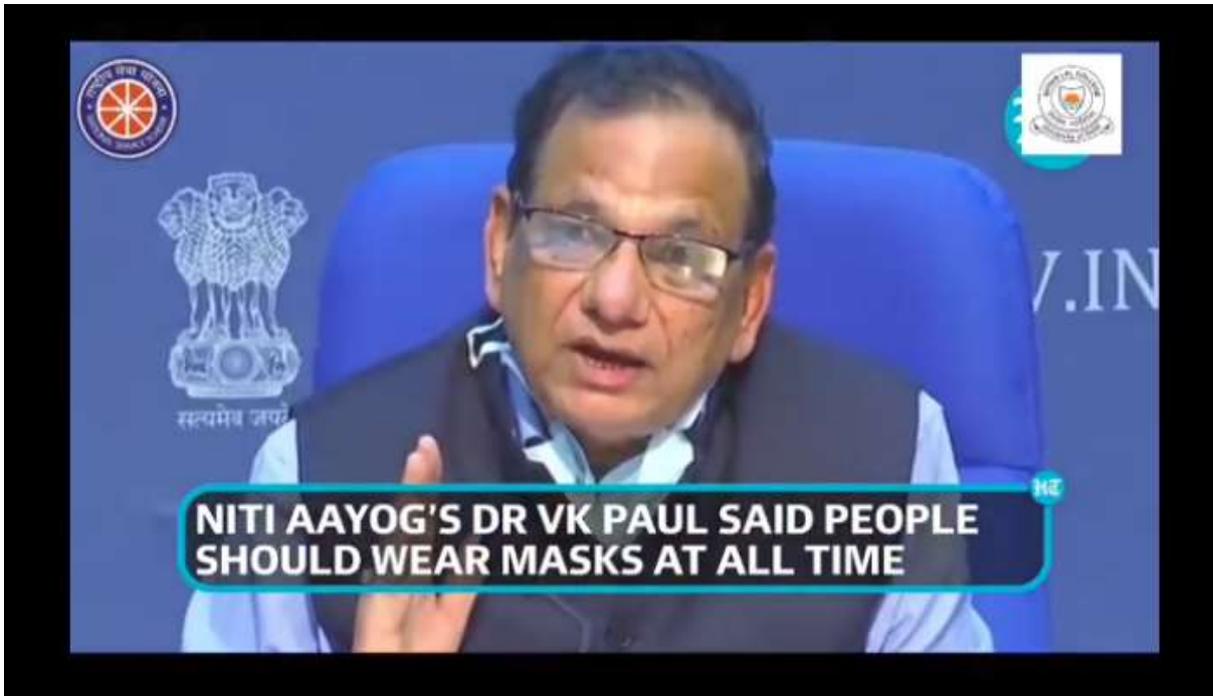
### **Omicron COVID Variant Preventions: Awareness Video Message**

Awareness and discipline have to be the strength of Indians in the fight against the Omicron variant of coronavirus, Prime Minister Narendra Modi said in his monthly radio broadcast to the nation.

Although scientists are constantly studying the new variant and the government is working on their suggestions, it is the effort of citizens that is crucial to defeat the global pandemic.

“We have to remember that a new variant of Corona has already knocked on our doors,” he said. “In such a situation, self-awareness and self-discipline are our strength in the fight against this variant of Corona. Only our collective strength will defeat corona, and it is with this very sense of responsibility we have to enter into 2022.” India will start vaccinating children aged 15 and above from 3 January, and there will an additional jab for fully inoculated frontline health workers and senior citizens from 10 January, the Prime Minister had announced on a televised address on Saturday.





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