

## NATIONAL SPORTS DAY

On August 29<sup>th</sup>, 2020 Shyam Lal College organised a webinar on the occasion of National Sports Day, the Birth anniversary of Legendary Hockey Player Major Dhyan Chand under the convenorship of Sh. V. S. Jaggi, Department of Physical Education and Dr. Kusha Tiwari, IQAC. Shri Ashok Kumar Dhyan Chand, Olympian & Arjuna Award winner, son of Major Dhyan Chand was the Chief Guest. Dr. Jaya Kakkar, Dr. Sujata Tewatia, Dr. Deepti Sharma, Sh. Balram Kindra, Dr. Seema Dabas, Dr. Kavita Arora, Dr. Vinod Kumar and Dr. Jitendra Meena were the sports committee members. Dr. Ruchika Ramakrishnan was a member of organising team. Almost 150 students participated in this event. The programme began on an auspicious note with the lighting of lamp by the Principal, Prof. Rabi Narayan Kar, Chief Guest and other faculty members followed by Ganesh Vandana. The welcome address for the webinar was delivered by Dr. Kusha Tiwari and thereafter Principal congratulated for organizing the webinar and shared his wisdom of words & gave his best wishes for the successful conduct of the event. Next, Dr. Jaya Kakkar encouraged the young minds to become successful players. Further, Dr. Sujata discussed about the importance of sports in developing one's gross motor skills and building character. Also, Sh. V. S. Jaggi elucidated various sports. He said playing them regularly benefits us in many ways and engagement in sports activities leads to have better cognitive abilities.

The event proceeded further with the chief guest's addressal. He enlightened the audience on the importance of physical fitness and presented a brief sketch of Major Dhyan Chand. During his childhood days, Dhyan Chand loved wrestling. He had no particular interest in the sport as such. Dhyan Singh got the name 'Chand' after his fellow players noticed him practising generally during the night after his duty hours. With his extraordinary goal-scoring feats, the sportsperson earned his name and fame in the field of Indian hockey. He earned three Olympic gold medals, in 1928, 1932 and 1936. For his contribution towards Indian hockey, Dhyan Chand was also known as The Wizard or The Magician of hockey. He has been conferred with several honours, including India's third highest civilian honour of Padma Bhushan in 1956. In addition to this, the Government of India also celebrates his birthday on August 29 as the National Sports Day. The player was the leading goal-scorer at the 1928 Amsterdam Olympics. He scored 14 goals, correctly earning the name of 'the magician of hockey'. Dhyan Chand was offered German citizenship by German dictator Adolf Hitler. However, he declined the offer. In his sports career spanning over 22 years, Dhyan Chand has scored over 400 goals between 1926 and 1948. It is the highest sporting honour conferred in India. Finally, he ended his speech with the message that everyone must attempt sport or any sports related activity.

The programme concluded with a Vote of Thanks given by Sh. V.S. Jaggi.



**SLC (University of Delhi)**

**Sports Committee** *in collaboration with IQAC*

*organizes a*

**National Webinar**

*on the occasion of*



**NATIONAL SPORTS DAY**

*BIRTH ANNIVERSARY OF PADMA BHUSHAN MAJOR DHYANCHAND*

*Speaker:*

**SH. ASHOK DHYANCHAND**

*Olympian & Arjuna Awardee*



Date:

**August 29, 2020**



Time:

**10.00 AM**



Platform:

**ZOOM App**

*To Register, Click on the following link: [bit.ly/SPORTSWEBINAR](https://bit.ly/SPORTSWEBINAR)*

*Note: E-Certificates will be provided to all the participants.*

Sports Committee Members:

- >Dr. Jaya Kakkar   >Dr. Sujata Tewatia   >Dr. Deepti Sharma  
>Sh. Balram Kindra   >Dr. Seema Dabas   >Dr. Kavita Arora  
>Dr. Vinod Kumar   >Dr. Jitendra Meena

Organising Team Members:

**Dr. Ruchika Ramakrishnan, Mitakshi, S. Siddharth & Prince Mehta**

**Sh. V.S. Jaggi**

*Convenor, Sports Committee*

**Dr. Kusha Tiwari**

*Convenor, IQAC*

**Prof. Rabi Narayan Kar**

*Principal, SLC*













