



**SLC (University of Delhi)**



**Shyam Lal College**

**Enactus SLC**

**Workshop on  
Personal and Menstrual hygiene**

**Date:** 30<sup>th</sup> December 2019

**Location:** Hafiz Nagar slum

## **PREAMBLE**

Enactus SLC organized a workshop on 30<sup>th</sup> December 2019, on "Personal and Menstrual Hygiene". The workshop was carried in the HAFIZ NAGAR SLUM area.

The workshop had the main motive to teach basic habits of cleanliness that can be used in everyday life by children and to spread awareness about Menstrual cramps and Sanitation to ladies.

### **The course of the workshop was as follows:**

The 6.2 goal of the Sustainable Development Goals states that one should have access to adequate and equitable hygiene and sanitation. With intention of providing this basic right to all, Enactus SLC conducted a workshop in the area of Hafiz Nagar, Delhi. The team aimed towards spreading awareness among the communities of the area about personal as well as menstrual hygiene.

A person with low immunity catches a disease easily and with that thought, the team made sure the residents knew basic habits and ways to have cleanliness in their home as well as in their surroundings. With this, the team also made sure that the menstruators know how necessary the sanitation is during the times of menstruation.

The workshop included various other activities like games, paper bag making and singing to make the session interactive and interesting for the audience.





The objective of the workshop was achieved. The overall session discussion benefitted the participants. This workshop would help the participants to be more aware and alert towards cleanliness.

**Total Team Members - 15**

.....**End of Report** .....

